Online Registration Instructions

Sanford Wellness Center Members

Directions on how to create an account:

1. Log into www.sanfordwellness.org
2. Under Fitness click “Triathlon Training”
3. Click “click here to register”
4. Click “Forgot Password/Create Logins”
5. Enter Member email address that is on membership account
    - If you are not sure what email is attached to your account, please call 328-1600 to verify
6. User name and password will be emailed to you

- Example: 77845JSmith e-4ZD (username 77845JSmith, password e-4ZD)

Once you have the user name and password follow the steps below.

How to register online once account is created:

1. Enter username and password into login site
2. You will be prompted to change username and password
3. Click “log-in”
4. Click on the home icon in upper left corner
5. Click on the Sanford Tri Training icon
6. Select location (Oxbow)
7. Click “select” under Sanford Tri Training Program
8. Pick your class and register!

*If the person you are signing up for triathlon training is not on your account as an active member, please see the membership office.

***Nonmembers must call Oxbow location to register (605) 328-1633**

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