

# CHILD SERVICES OF Aberdeen

■ JULY, AUGUST & SEPTEMBER 2022

■ REGION THREE

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## EARLY CHILDHOOD EDUCATION: A PROFESSION



For years Early Childhood Educators (including those providing care to school-age children) have been viewed as babysitters. That simply isn't the case. As an early childhood educator you set the foundation for today's youth. Educators can stand proud knowing that you had a hand in teaching our next president of the United States, our next Kindergarten Teacher, Pilot, Army Ranger, etc. Interacting with children, families, and colleagues must always be done in a professional manner. Whether you are an infant and toddler, preschool, or school-age teacher, it is critical to be knowledgeable about and model professional behavior.

Infant, toddler, preschool, and school-age providers play a powerful role in children's lives. Did you know that 95% of children's brain development is complete by the age of 6? That means most of a child's development will take place in your care. Who children become has everything to do with the experiences they have early in their lives, which you as the provider play a huge role in.

High-quality professional standards will strengthen children's development when they are continuously exposed and engaged in meaningful interactions with adults, especially their teachers.

In the field of early childhood education, professionalism encompasses many specific behaviors and skills that address how individuals present themselves to other adults, such as:

- How you present yourself
- Knowledge of the early childhood field
- Quality of your work
- Relationship with other providers
- Your work ethic
- Your attitude

As an individual working with children, youth, and families, you engage in numerous activities that require you to maintain high-quality professional standards. Think about some of the experiences you participate in your daily professional life like:

- Engaging with children
- Interacting with various family dynamics
- Collaborating with other providers
- Interacting with community members

The work you do with children, youth, and their families lay the foundation for healthy development, growth, and success in school and life. Recognition of the significance of the early years on children's development strengthens the desire to strive for excellence when interacting with children, youth, and families.

## Meet the Staff

### ECE REGION 3 DIRECTOR

Dianna Rajski

### CHILD MANAGER

Terra Johnson

### ADMINISTRATIVE ASSISTANT

Shawn Freudenthal

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### SANFORD CHILDREN'S CHILD SERVICES

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### CHILD SERVICES OFFICE HOURS

Monday-Friday  
8 a.m. – 4:30 p.m.

### EMAIL

childservices.aberdeen@sanfordhealth.org

### WEBSITE

www.sanfordhealth.org/  
CHILDS



# General Learning Opportunities

Classes for caregivers of all ages of children. Location details given upon registration.

**(O):** Qualify for required orientation training topics

**(Q):** Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series

## RESILIENCY TRAINING FOR CHILD CARE PROVIDERS

Provide your staff the opportunity to engage and practice the six wellness skills of the Community Resiliency Model. Widen your collective resiliency zone by empowering staff to strengthen their mental wellbeing in this 3-OGknight-hour interactive session. Create a common language for wellness across your workforce.

DATE/TIME	FEE	LOCATION	LICENSING/ PATHWAYS
Saturday, July 23 9 a.m. - Noon	\$0	Online	Program Management & Regulations
Saturday, July 23 1 – 4 p.m.	\$0	Online	Program Management & Regulations
Saturday, September 10 9 a.m. - Noon	\$0	Online	Program Management & Regulations
Saturday, September 17 9 a.m. - Noon	\$0	Online	Program Management & Regulations
Saturday, September 17 1 – 4 p.m.	\$0	Online	Program Management & Regulations

## RESILIENCY TRAINING FOR DIRECTORS – A 2 PART SERIES

### **Community Resiliency Model: Trauma Informed Care and Mental Wellness (Part 1 of 2)**

Providers' mental well-being is the most critical component to nurturing, trauma-informed care. Join us in learning about the Community Resiliency Model: how stress and trauma affect our bodies, how to support ourselves in times of stress, and the first of 6 CRM skills to get us back into our Resilient Zones!

### **Community Resiliency Model: Mental Wellness with CRM Skills (Part 2 of 2)**

Continue diving into the six CRM skills of how to get back to a place of wellbeing so that you can bring your best self to your work and to all aspects of your life. When we have a common language around mental wellness skills, we can help ourselves, our co-workers, and the children in our care. Leave with a plan of growing your resiliency professionally, with all ages of children in your care, and in your agency as a whole.

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Tuesday, August 2 6 – 9 p.m.	<b>Community Resiliency Model: Trauma Informed Care and Mental Wellness (Part 1 of 2)</b>	\$0	Online	Program Management & Regulations
Thursday, August 4 6 – 9 p.m.	<b>Community Resiliency Model: Mental Wellness with CRM Skills (Part 2 of 2)</b>	\$0	Online	Program Management & Regulations
Thursday, September 15 9 a.m. - Noon	<b>Community Resiliency Model: Trauma Informed Care and Mental Wellness (Part 1 of 2)</b>	\$0	Online	Program Management & Regulations
Friday, September 16 9 a.m. - Noon	<b>Community Resiliency Model: Mental Wellness with CRM Skills (Part 2 of 2)</b>	\$0	Online	Program Management & Regulations

Remember.....

If you register for a class and are unable to attend, please call and cancel your registration.

Scan the QR code to connect with us on Facebook



# Infant/Toddler Learning Opportunities

Classes with an emphasis on caring for children six weeks to three year old. Location details given upon registration.

DATE/TIME	CLASS TITLE	FEE	LOCATION	LICENSING/ PATHWAYS
Monday, August 29 6:30 – 7:30 p.m.	<b>Intro to the Early Childhood Field</b> Learn about the importance of being a provider in the early childhood field. Learn how to set expectations with children, while exceeding expectations that are set for yourself.	\$5	Online	Professionalism
Monday, August 29 7:30 – 8:30 p.m.	<b>Supporting Foster Children in Childcare Classrooms</b> Learn how to best support foster children in your classroom. Hear from interviews with a child protection worker, foster parent, and a childcare director who has worked with foster children in the past to gain tips and strategies.	\$5	Online	Interpersonal Communication & Relationships
<b>INFANT/TODDLER ENTRY LEVEL SERIES</b>				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Wednesday, July 6 7:30 – 9 p.m.	<b>Ages of Infancy</b> Developmental needs of infants and toddlers as they grow and explore.	\$5	Online	Child Growth & Development
Wednesday, July 13 7:30 – 9 p.m.	<b>Social Emotional Development: Understanding Temperament</b> Understand each infant and toddler's social & emotional development and temperament; appropriate guidance techniques.	\$5	Online	Guidance & Behavior Management
Wednesday, July 20 7:30 – 9 p.m.	<b>How Young Children Learn: Appropriate Environments for Infants &amp; Toddlers</b> Providing appropriate environments and learning experiences that support the learning needs of infants and toddlers.	\$5	Online	Age Appropriate Planning
Wednesday, July 27 7:30 – 9 p.m.	<b>Health &amp; Safety for Infants &amp; Toddlers</b> Best basic health and safety practices in infant and toddler care.	\$5	Online	Program Health & Safety
<b>INFANT/TODDLER BEST PRACTICE SERIES</b>				
(Q) Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Tuesday, September 6 7:30 – 9:30 p.m.	<b>Continuity of Care in Small Infant &amp; Toddler Groups</b> Essential practices of primary care, continuity of care, and small group sizes.	\$5	Online	Child Growth & Development
Tuesday, September 13 7:30 – 9:30 p.m.	<b>Culturally Diverse Caregiving: Partnering with Parents</b> Partnering with families to honor and incorporate children's cultures in everyday caregiving.	\$5	Online	Cultural Diversity
Tuesday, September 20 7:30 – 9:30 p.m.	<b>Responsive Care and Inclusion of All Infants &amp; Toddlers</b> Best practices in providing individualized care; providing inclusive care for children with special needs.	\$5	Online	Inclusion of All Children
Tuesday, September 27 7:30 – 9:30 p.m.	<b>Planning Their Day: Routines, Schedules &amp; Transitions</b> Purposefully planning daily routines, schedules and transitions as part of infant and toddler curriculum.	\$5	Online	Age Appropriate Planning



# Preschool Learning Opportunities

Classes with an emphasis on caring for three to five year old children. Location details given upon registration.

<b>PRESCHOOL ENTRY LEVEL SERIES</b>				
<b>(Q)</b> Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
Thursday, September 8 7:30 – 9 p.m.	<b>Child Growth &amp; Development</b> Fostering the growth and development of children through appropriate environment, activities, and interactions.	\$5	Online	Child Growth & Development
Thursday, September 15 7:30 – 9 p.m.	<b>Behavior Management &amp; Guidance</b> Using positive guidance techniques and establishing a program climate that promotes positive behavior.	\$5	Online	Guidance & Behavior Management
Thursday, September 22 7:30 – 9 p.m.	<b>Program Health &amp; Safety</b> Understand the importance of promoting and teaching practices that keep children safe and healthy.	\$5	Online	Program Health & Safety
Thursday, September 29 7:30 – 9 p.m.	<b>Social Interactions and Learning Environments</b> Supporting children's individual needs through learning environments and relationships.	\$5	Online	Learning Environments

# Out of School Time Learning Opportunities

Classes with an emphasis on caring for school age children. Location details given upon registration.

<b>OUT OF SCHOOL ENTRY LEVEL SERIES</b>				
<b>(Q)</b> Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
<b>DATE/TIME</b>	<b>CLASS TITLE</b>	<b>FEE</b>	<b>LOCATION</b>	<b>LICENSING/ PATHWAYS</b>
Wednesday, September 7 7:30 – 9 p.m.	<b>Child Growth and Development</b> Fostering the growth and development of children through appropriate environment, activities, and interactions and inclusions.	\$5	Online	Child Growth & Development
Wednesday, September 14 7:30 – 9 p.m.	<b>Program Health and Safety</b> The importance of implementing teaching practices that promote child health and safety.	\$5	Online	Program Health & Safety
Wednesday, September 21 7:30 – 9 p.m.	<b>Fostering Learning Environments</b> Supporting children's individual needs through learning environments and relationships.	\$5	Online	Learning Environments
Wednesday, September 28 7:30 – 9 p.m.	<b>Behavior Management and Guidance</b> Providers will look at importance of using positive guidance techniques and establishing a program climate that promotes positive behavior.	\$5	Online	Guidance & Behavior Management

# Social Emotional Learning Opportunities

Ideas and insight to positive guidance and behavior management techniques. Location details given upon registration.

<b>INFANT/TODDLER SOCIAL AND EMOTIONAL FOUNDATIONS FOR LEARNING</b>				
<b>(Q)</b> Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
<b>DATE/TIME</b>	<b>CLASS TITLE</b>	<b>FEE</b>	<b>LOCATION</b>	<b>LICENSING/ PATHWAYS</b>
Wednesday, August 3 7:30 – 9 p.m.	<b>Importance Of Relationships</b> Social emotional development begins at birth & continues throughout life, providing a foundation for meaningful relationships & learning.	\$5	Online	Guidance & Behavior Management
Wednesday, August 10 7:30 – 9 p.m.	<b>Creating Supportive Environments &amp; Routines</b> Explore ways to create meaningful & engaging learning spaces which promote social emotional development & support appropriate behaviors.	\$5	Online	Learning Environments
Wednesday, August 17 7:30 – 9 p.m.	<b>Social Emotional Teaching Strategies</b> Focus on a variety of approaches to support the development of social emotional skills; identify strategies to support social emotional literacy.	\$5	Online	Guidance & Behavior Management

Wednesday, August 24 7:30 – 9 p.m.	<b>Supporting Children's Success</b> Explore the meaning of behaviors & what a child may be attempting to communicate, & how learning social emotional skills affects all development.	\$5	Online	Guidance & Behavior Management
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## Leadership Learning Opportunities

Classes to help providers lead and mentor staff in child care programs. Location details given upon registration.

<b>MANAGEMENT SERIES</b>				
<b>(Q)</b> Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
<b>DATE/TIME</b>	<b>CLASS TITLE</b>	<b>FEE</b>	<b>LOCATION</b>	<b>LICENSING/ PATHWAYS</b>
Tuesday, July 5 7:30 – 9:30 p.m.	<b>Management Fundamentals</b> Learn about the importance of effective program management and explore how it affects the child care setting.	\$5	Online	Program Management & Regulations
Tuesday, July 12 7:30 – 9:30 p.m.	<b>Fiscal Fundamentals</b> Learn about tools to help child care programs plan, monitor & track income and expenses. Explore budgets, balance sheets, profit & loss, and more.	\$5	Online	Program Management & Regulations
Tuesday, July 19 7:30 – 9:30 p.m.	<b>Human Resource Fundamentals</b> Learn about staff recruitment, retention, training and staff evaluations to maintain a successful child care program.	\$5	Online	Program Management & Regulations
Tuesday, July 26 7:30 – 9:30 p.m.	<b>Power of Partnerships</b> Increase skills for building a strong community and team of committed staff.	\$5	Online	Interpersonal Communication & Relationships

## Family Child Care Provider Focus Learning Opportunities

Classes specific to care provided in family child care settings. Location details given upon registration.

<b>FAMILY CHILD CARE BEST PRACTICE SERIES</b>				
<b>(Q)</b> Training series identified in proposed South Dakota QRIS Framework. Registration is encouraged for the entire series.				
<b>DATE/TIME</b>	<b>CLASS TITLE</b>	<b>FEE</b>	<b>LOCATION</b>	<b>LICENSING/ PATHWAYS</b>
Monday, August 1 7:30 – 9:30 p.m.	<b>Purposeful Planning: Healthy &amp; Safe Learning Environments</b> High quality practices to ensure children's physical and developmental well-being; comprehensive health & safety program planning.	\$5	Online	Program Health & Safety
Tuesday, August 2 7:30 – 9:30 p.m.	<b>Best Practices in Relationship Building</b> Best practices for caring, respectful, & committed relationships with and between children & families; balancing parenting & caregiving roles.	\$5	Online	Interpersonal Communication & Relationships
Monday, August 8 7:30 – 9:30 p.m.	<b>Developmentally Appropriate Learning Activities in Family Child Care</b> High quality practices for providing activities & materials to support children in developing skills & gaining an understanding of their world.	\$5	Online	Child Growth & Development
Tuesday, August 9 7:30 – 9:30 p.m.	<b>Professional &amp; Business Practices in Family Child Care</b> High quality, caring, and ethical best practices for professional and business policies & procedures.	\$5	Online	Program Management & Regulations

## fitCare Learning Opportunities

Classes to help caregivers provide a healthy lifestyle program for children in all child care settings. Location details given upon registration.

<b>fitCare Individual Classes</b>				
<b>DATE/TIME</b>	<b>CLASS TITLE</b>	<b>FEE</b>	<b>LOCATION</b>	<b>LICENSING/ PATHWAYS</b>
Thursday, July 21 6:30 – 8:30 p.m.	<b>Sweet Dreams!</b> Exploring Strategies for Sleep and Relaxation.	\$0	Online	Program Health & Safety Learning Environments
Wednesday, August 10 6:30 – 8:30 p.m.	<b>We Are What We Eat!</b> Creating Healthy Nutrition Environments.	\$0	Online	Nutrition for Children Learning Environments
Wednesday, September 21 6:30 – 8:30 p.m.	<b>Ready, Set, Move!</b> Promoting Physical Activity and Development.	\$0	Online	Child Growth & Development Age Appropriate Planning



# Certified CPR & First Aid

## ADULT, CHILD & INFANT CPR/AED

This video-based, instructor-led course teaches adult, child and infant CPR, AED use, and how to relieve choking. This course teaches the American Heart Association's practice-while-watching technique, which allows instructors to observe the students and provide feedback.

DATE/TIME	FEE	LOCATION	LICENSING/ PATHWAYS
Saturday, August 6 8:30 a.m. – Noon	\$0	Aberdeen	Program Health & Safety

## CERTIFIED FIRST AID

The American Heart Association's Pediatric First Aid Course offers pediatric first aid training solutions for child care providers. This course contains information on how to manage illness and injuries in a child in the first few minutes until professional help arrives.

DATE/TIME	FEE	LOCATION	LICENSING/ PATHWAYS
Saturday, August 6 1 – 3:30 p.m.	\$5	Aberdeen	Program Health & Safety





# SD ECE START: Child Care Provider Portal



## Market and Promote Your Registered or Licensed Child Care Program!

Through this portal you can create a profile for your program. Your Provider Profile provides you with complete control to maintain and update your program's profile information.

Having your current information available and easily accessible to families seeking child care is a free benefit to you and is a huge benefit to families in South Dakota!

### Benefits of SD ECE START:

- Update your information as often as you'd like
- Add hours of operation, rates, and ages of children you provide care for
- Update your openings (if you are full, simply do not enter any openings)
- Add your program's special areas of expertise or experience (letting parents know what makes your child care setting unique)
- Add up to 5 pictures to showcase your program to families
- Free promotion of openings by the Helpline Center and the SD Early Childhood Enrichment (ECE) System.

### Provider Profile Login:

[helplinecenter.org/childcare](http://helplinecenter.org/childcare)

Click on Provider Intake/Update Information

#### First Time Users:

Click the **Create Account** button and a pop-up window will prompt you to enter the following: email address, password, license ID, and zip code. Click Save.

#### Returning Users:

Enter your log in credentials and you are good to go!

#### Do You Have Multiple Licensed Locations?

You can use the same email address to manage each site, but you will need a separate password per site.

The South Dakota Department of Social Services, the South Dakota Early Childhood Enrichment (ECE) System, and the Helpline Center have partnered to bring you the new online provider portal known as SD ECE START.

Call the Helpline Center's Child Care Helpline at 605-274-1410 with any questions!





**Sanford Children's CHILD Services**  
110 6<sup>th</sup> Ave SE, Suite 100  
Aberdeen, SD 57401

## **2022 TRAINING SCHEDULE**

JULY/AUGUST/SEPTEMBER

These classes meet the South Dakota child care training requirements for licensing and registration.